

AQUARIAN AWAKENING NEWSLETTER

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Dear Friends

Welcome to the first issue of the **Aquarian Awakening Newsletter**. The purpose of this newsletter is to guide you through the coming years of collective spiritual awakening with news of global meditation linkups, astrological alignments, and other initiatives dedicated to the Aquarian Awakening.

The Aquarian Awakening refers to the dawn of the Aquarian Age. I use this term for the collective spiritual awakening associated with the activations of Aquarius and its ruler, Uranus, but also in reference to the precession of the equinoxes through the zodiac into Aquarius. The precession of the equinoxes is a 26,000-year cycle of the northern spring equinox-point backwards through the twelve constellations of the zodiac. It is caused by the wobble of the Earth on its axis. The journey through each zodiac sign lasts around 2160 years and is referred to as an astrological age. Nobody knows the exact moment when the Age of Aquarius begins because there is no agreement on how to define it celestially. However, the fact remains, we are in the transition period between the astrological ages, and so the Aquarian Age is nevertheless slowly dawning.

The Age of Aquarius, and indeed the archetype of Aquarius itself, is associated with the themes of collective consciousness, humanitarianism, spiritual awakening, societal transformation, technological advancement, and freedom. When we realise that Aquarius rules such things as the Internet, computers, and AI, we can easily see how these themes are playing out now and how this can be one marker for the dawning of the Age of Aquarius.

THE 1960S AQUARIAN AWAKENING

Other interesting marker points for the Age of Aquarius were the astrological alignments and extraordinary countercultural events of the 1960s. This is when the term ‘Age of Aquarius’ gained popularity. On 5 February 1962, all seven visible planets gathered in Aquarius with a total solar eclipse in Aquarius, with Neptune, planet of spirituality, aspecting the eclipse from Scorpio. Along with this activation, and Pluto’s conjunction to Uranus, the ruler of Aquarius, a further key activation for spiritual awakening unfolded over the rest of the 1960s: the **Uranus-Neptune sextile**.

The Uranus-Neptune sextile occurs relatively rarely. It is a sixty-degree alignment involving Uranus, the ruler of Aquarius, and Neptune, the planet of spirituality. While in exact aspect, many momentous events happened that bear the signature of the Aquarian Age: the 1967 ‘Human Be-In’ at Golden Gate Park, involving 20,000-30,000 countercultural people standing for higher consciousness, and the first-ever global satellite broadcast, which featured the Beatles

singing 'All You Need is Love' live in 1967. The countercultural movement unfolded for the duration of the Aquarian activations of the 1960s. Standout examples include the love and peace movement, the civil rights movement, the environmental movement, transpersonal psychology, alternative therapies, meditation, spiritual communities, and a spiritual focus in popular music. The anti-war March on Washington in 1967, involving 50,000 people, even included a mass meditation in which participants visualised light surrounding the Pentagon.

THE 1990S AQUARIAN AWAKENING

Following the 1960s, the next aspect between Uranus and Neptune was the **Uranus-Neptune conjunction**, which was in aspect between 1989 and 1997. This period marked another phase of spiritual awakening and collective social change. Sacred site activations and global meditation linkups unfolded on a large scale (including my own), key spiritual channellings were brought through, the Cold War was proclaimed over, and the Internet was established to connect us globally.

THE 2020S AQUARIAN AWAKENING

Having experienced a lull since the end of the 1990s, we are now entering the next Aquarian activation phase. The two key astrological events activating the Aquarian energies for spiritual awakening are **Pluto in Aquarius** and the next Uranus-Neptune aspect since the 1990s: the **Uranus-Neptune sextile**. It is important to note that this Uranus-Neptune sextile is the same aspect that oversaw the transformation of collective consciousness in the 1960s, but is now in different signs. Having the spiritual perspective of the past two Aquarian activation phases of the 1960s and 1990s, we can be prepared for what is to come and make the most of this sacred opportunity. Our commitment is crucial, for Pluto in Aquarius highlights that the power of technology may be misused or abused if we don't empower the positive timeline of collective spiritual awakening and freedom for the remainder of the 2020s.

PLUTO IN AQUARIUS

Pluto entered Aquarius on 21 January 2024. It will briefly retrograde into Capricorn on 1 September 2024 before returning to Aquarius on 19 November 2024, where it will remain until 2043. Pluto is the planet of power and deep transformation. We should respect and take heed of its position in Aquarius: under its influence, we will learn the lesson of collective power one way or the other. On the one hand, it represents the wielding of global technological power to alter society. On the other hand, it represents collective empowerment and transformation, supported by spiritual awakening.

We can already see the lesson being set up. The UN's Agenda 2030 has set out a list of 'Sustainable Development Goals' that all governments of the world have agreed to deliver by 2030. Looking carefully, we can see that these goals are being used to justify the development of a universal digital infrastructure (Goal 9), smart cities (Goal 11), smart meters (Goal 13), and digital identity for all (Goal 16). Agenda 2030 was agreed to by member states at the United

Nations Summit on Sustainable Development between 25 and 27 September 2015. During this time, Jupiter in Virgo opposed Neptune in Pisces while Pluto in Capricorn squared Uranus in Aries. The opposition and square show the potential difficulty of staying true to the principles of humanitarian service, with the potential for deception, self-sacrifice, and the misuse of power. What the agenda and its goals don't do is incorporate any real safeguard against their abuse or talk about the potential harm that could be caused by plugging humanity and much of the rest of the world into a smart grid and digital matrix. The UN also didn't involve the participation of the rest of humanity in this global decision-making process. The result is a perceived 'global agreement' that gives free reign to governments to digitally transform society in the name of humanitarianism (Pluto in Aquarius).

To meet Agenda 2030's Sustainable Development Goals, the ID2020 Alliance (partly funded by the Rockefeller Foundation) seeks to implement a global digital identity system by 2030. Presenting it as a means for 'economic empowerment', they say that a digital identity will 'enable individuals to access essential government and commercial services'. On the same webpage, it describes how digital identity is a requirement for health and immunity passes. If you join the dots, you will work this one out.

In 2019, the World Economic Forum formed a Strategic Partnership Framework with the UN for digital cooperation to accelerate the implementation of Agenda 2030 and 'meet the needs of the Fourth Industrial Revolution while seeking to advance standards for digital governance and digital inclusiveness'. The 'Fourth Industrial Revolution' is outlined in the book of the same name. It describes a world of implantable technologies, designer beings, the Internet of Things, smart cities, AI, and technological implants in the brain (achieved by Elon Musk's Neuralink this year when Pluto entered Aquarius). Not surprisingly, the World Economic Forum has been the main driver for the implementation of Central Bank Digital Currencies, which represent the future of national currencies and will require digital identities for their use. Digital currencies will, of course, come with an account, and we all know that digital accounts can be limited or suspended. There will also be an audit trail of every transaction you make using a digital currency.

Europe responded to Agenda 2030 on 9 March 2021, with the release of the European Commission's '2030 Digital Compass: the European way for the Digital Decade'. This document outlines the objectives for the digital transformation of European societies and economies by 2030, using a digital framework and a European Digital Identity Wallet to access public and private services across Europe. At the time of this publication, Moon, Mercury, Jupiter, and Saturn were all in Aquarius and Uranus was squaring Saturn, indicating a big question mark around the presentation of this vision. The document calls for the widespread use of AI in business, a gigabit Internet connection for all households, 5G rollout across all populated areas, the digitalisation of all key public services, and a digital identity for European citizens. Its vision of digital transformation includes a digital connection through the Internet of Things that reaches beyond 'smart cities' into 'smart villages'.

On a positive note, Pluto in Aquarius can represent the transformation of society through the embodiment of spiritual values. While digital transformation is not necessarily a bad thing if approached with wisdom, it does require our spiritual awakening to ensure that wisdom is applied and that we don't trap ourselves in a digital control grid. As there is a risk that humanity may drift along into a global digital control grid, and given that political leaders are promoting wars and dangerous global confrontations, we can no longer put off holding the light for the world and grounding our spiritual values into our physical life structures. We are called to act. In the chart for Pluto's ingress into Aquarius this year, Mars is in Capricorn and trining Jupiter and Uranus, representing the responsible and wise use of will to co-create the Aquarian Awakening in place of the control grid.

Pluto in Aquarius is big. It is all about the transformation of repressive societies into spiritual communities of light through the owning of our power. Interestingly, the societal transformation and the establishment of alternative communities in the 1960s occurred during the conjunction of Pluto and Uranus, the ruler of Aquarius. Today, we can actively contribute to this transformation of collective consciousness by forming groups and networks committed to building spiritual communities founded on spiritual values, such as love, peace, freedom, and compassion. To empower yourself for this task, meditate and cultivate a strong connection with your spiritual light on a daily basis and ground it into your every physical action. The more you stay present in your light, the more you will be able to transmute any resistance to embodying your light and playing your part in the Aquarian Awakening.

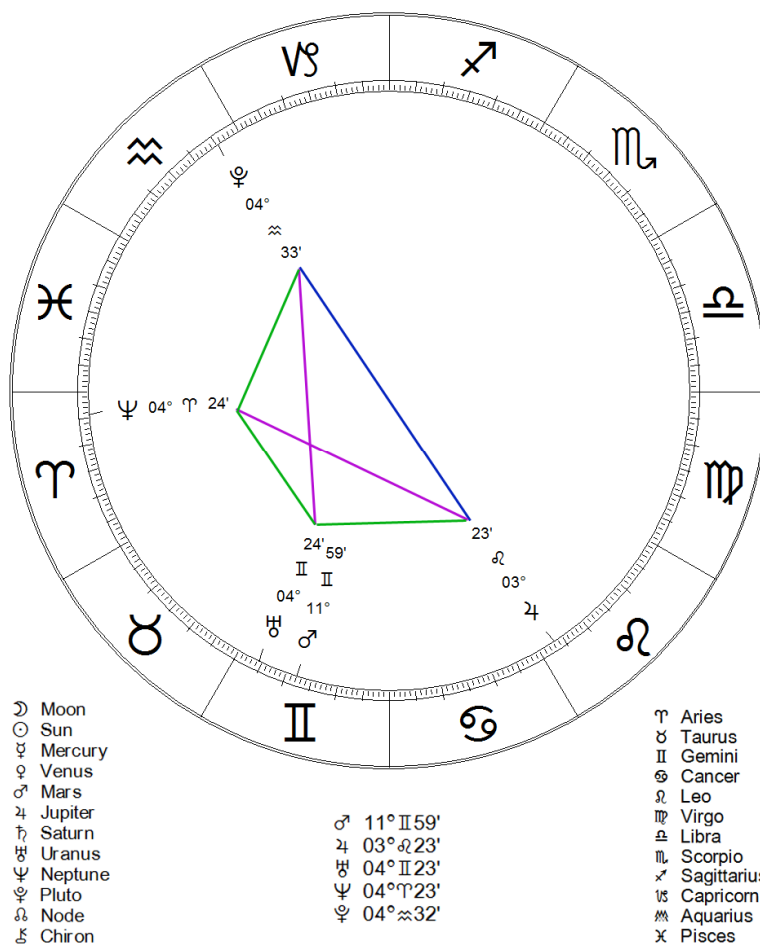
URANUS-NEPTUNE SEXTILE

The **Uranus-Neptune sextile** represents spiritual awakening. The sextile last occurred in the 1960s when spiritual awakening unfolded dramatically. It is now occurring again. It began to move into orb in late 2022 but won't be exact until the years 2025-2027, which is when its influence will be clearly felt, particularly when Pluto forms an activating sextile and trine to it from Aquarius, confirming the next phase of Aquarian Awakening. The Uranus-Neptune sextile remains in orb for the rest of the 2020s, meaning that it is perfectly timed to complete just before the Agenda 2030 deadline. Perhaps we can see that a lesson of spiritual awakening is set for humanity, with the knowledge of what Agenda 2030 can bring if we don't master that lesson and ground our light into our social structures. Incredibly, while Uranus and Neptune are in sextile, **Saturn will conjunct Neptune** in February 2026, representing the grounding of awakened spirituality into our material lives and the dissolving of barriers to greater unity. When Saturn and Neptune last met in a conjunction in 1989, the Berlin Wall and Iron Curtain both fell immediately.

Today, humanity faces challenges that it didn't back in the 1960s, or, indeed, the 1990s. Despite the Aquarian potential for instant connection with each other through the Internet and our phones, we will be challenged for the following reasons:

- There is a saturation of content on the Internet, making it hard to find the important and relevant content and people.
- Search engines and social media sites are owned by big business and have algorithms in place to restrict what search results are returned or what content displays.
- People are addicted to distracting trivia and sensationalised content, which is manipulated through the addictive design of social media and celebrity gossip websites.
- Due to their addiction to social media, many spiritually aware people still use it as their default means of online networking when what is needed is a sovereign and decentralised local network that is purpose-built for spiritual awakening.
- Misinformation, disinformation, and shallow and sensationalised online spiritual content can mislead us.
- Negative news stories bombard us through online news outlets, detuning our vibration and presenting negative stories and perceptions of human potential.
- Radiation from microwave masts, mobile phones, and Wi-Fi routers proliferates our environment, disrupting our bodies and consciousness.

Uranus-Neptune Sextile, 15 July 2026



This is the old paradigm or lower octave of Aquarius that we are being called to move beyond. Over the next few years, Pluto in Aquarius and the Uranus-Neptune sextile are offering us the opportunity to transform how we use technology so that we don't compromise our spiritual awakening and ability to ground the higher Aquarian vision into our collective physical lives. One of the best things we can do to facilitate the Aquarian Awakening is to unplug from social media, form local spiritual networks, meet up face-to-face, and use direct online networking via email or a trusted spiritual networking website or messaging service.

Despite these challenges, when we look at how the astrological aspects will form over the coming few years, they seem orchestrated for spiritual awakening,

which is encouraging. Take a look at how the Uranus-Neptune sextile is activated by Pluto, Jupiter, and Mars in July 2026 when it is exact. They share many of the same degrees with perfect synchrony.

2024 - A YEAR OF SPIRITUAL PREPARATION

Overall, I see 2024 as a year of spiritual preparation for the Aquarian activations occurring from 2025. For preparation, I would suggest daily meditation for spiritual attunement and inner guidance, as well as light-flushing (the infusion of higher vibratory energy in meditation) to clear your subtle energy body. Consider the role you might play in 2025 and 2026, and what you need to do to prepare for this. How can you anchor light into the physical structures of the world? What alternative systems can you create or co-create that honour the highest potential of the Aquarian vision? What groups and networks can you form? How will you guide and assist others in preparing for the Aquarian activation?

When we look at the 22 December 2023 Solstice chart for the Solar New Year (for the northern hemisphere), Sun, Mercury and Mars are all square to Neptune in Pisces, the planet of spirituality but also illusion and self-sacrifice. This suggests that humanity faces a challenge to cut through illusion and self-sacrifice. It is time to remember the spiritual truth of who we really are and the true nature of reality. It is time to reclaim our power to create the better world we want to live in. The square of Mars, in particular, highlights the challenge of overcoming any apathy and cognitive dissonance and embracing the spiritual self, following its calling, and integrating it into our actions. The good news is that Saturn is in Pisces, helping us to take practical spiritual action. It also only makes positive aspects, including a quintile to Mars in Sagittarius. A quintile represents a creative alignment with the divine, and in this context refers to consecrating our actions and receiving divine inspiration. Mars in Sagittarius helps us to act upon our higher wisdom and spiritual guidance so that we can integrate our light bodies more fully and ground the spiritual energies into the Earth, reshaping our material structures to hold more light and honour our highest spiritual values. With this in mind, attune to your spiritual self in meditation and consider what spiritual wisdom you can put into action and how you can help others to do the same.

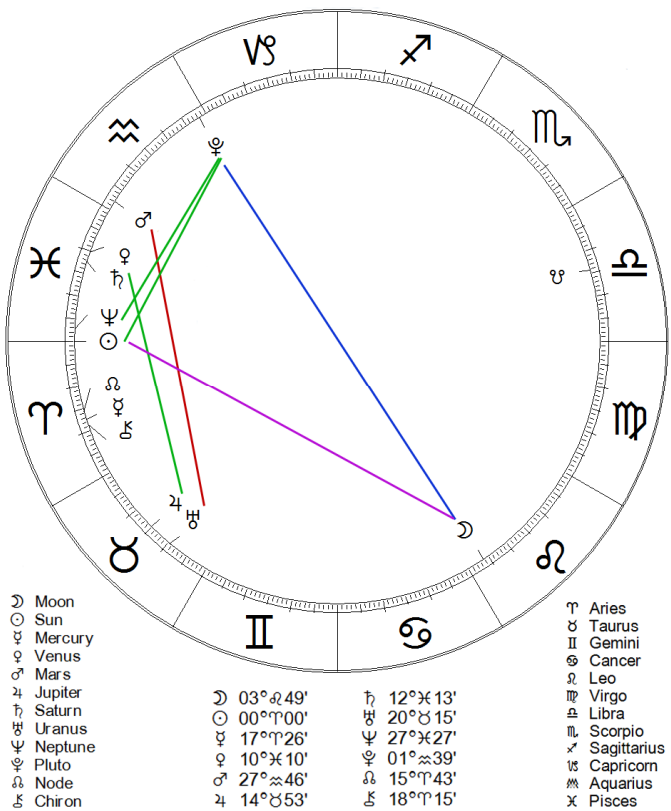
SPRING EQUINOX MEDITATION, 20 MARCH 2024

The Spring Equinox represents a time of balance and awakening when the Sun is directly over the equator and everything in nature is coming alive. This is a time to pause and reflect on where we are at and to rededicate ourselves to being fully awake and shining our light as we embody our path of light.

We are being called once again to gather as one and hold the light to help anchor in the true Aquarian Age, which is characterised by a conscious, awakened humanity that honours all life and the spiritual unity of all things. Now is the time to come out, meet, network, and co-create new communities of light. We are the ones we have been waiting for!

In the Equinox chart, the Sun and Neptune are both sextiling Pluto in Aquarius, while the Moon is opposing it. This is fantastic for aligning with the Aquarian vision on the Equinox and consecrating ourselves for the process of grounding that vision. The Moon is in Leo and its opposition to Pluto calls us to look beyond our self-centred needs and to consider our place

Equinox, 20 March 2024



within the interconnected whole and how we can respond to it and care for it with our enlightened vision and open hearts. We are all one family on Earth, and while we are not responsible for others, we are responsible for living the truth of our greater identity with compassion. The trine of Moon to Neptune helps us to get this lesson if we take the time to remember who we are in meditation and use this moment to dedicate ourselves in service.

Mercury, North Node, and Chiron are all conjunct in Aries, ruler of the Equinox, focusing us on the need to heal old wounds about using power, overcome inertia, and take action for the good of the whole. This is echoed by the position of Mars in Aquarius and the square of Mars to Uranus. Uranus asks us to realign and rededicate our will, to

consider the impact of our actions and inactions and how we can serve as Aquarian awakeners. This is likely to be a rapid evolutionary lesson and we will be tested on it at the time of the Total Solar Eclipse in Aries on 8 April 2024 at 18:17 GMT (19:17 BST) when Mars will be in Pisces, calling us to spiritualise the will.

The Equinox conjunction of Venus and Saturn in Pisces, sextiling Jupiter, reminds us of the lesson of compassion and helps us to expand our hearts and dissolve any blocks that shut our hearts down to the suffering of humanity. As Saturn shows no adverse alignments, the indication is simply to be present from our spiritual selves, with unconditional love and compassion, and form light-filled and heart-centred connections with others.

There are now core groups who gather at sacred sites around the world to meditate on the Solstices and Equinoxes to hold the light for the planet and empower positive light-filled timelines in meditation. In the UK, we will gather at Avebury Stone Circle at 11.30am for a meditation and empowerment ceremony as part of a solar wave of light to mark the solar zenith at 12 noon. We will form a pillar of light together and anchor the solar energy and our light-filled and love-filled intentions deep into our beings and down into Mother Earth in honour of the light and the sacredness and oneness of all life. We will hold the Aquarian vision, contemplate the astrological themes, hold the light for their resolution, and discuss ways of holding the light together for the Aquarian Awakening over the coming years and how to take steps to create communities of light.

Avebury Stone Circle is the largest megalithic stone circle in the world and is full of timeless mystery, magic, and power that blends with us in meditation, helping us to open up and receive the highest frequencies of light. All are welcome. We will meet in the Sun Circle. Walk through the gate that is to the right of the Elements shop (opposite the Red Lion pub), then walk left and find us in the stones. Bring friends, crystals, poems, songs, instruments, circle dances, and your love and light! Let us bring back the Love, Light, Magic, and Beauty.

For those who cannot make the event, please link in distantly in meditation in your local area at the same time and we will be connected in the oneness of the light.

JUPITER CONJUNCT URANUS, 21 APRIL 2024

Jupiter will form an exact conjunction to Uranus in Taurus on 21 April 24 at 02:24 (03:24 BST). This is a important alignment in the context of the Aquarian activations, since Uranus rules Aquarius. It is a powerful time to meditate for raising your vibration, awakening further, receiving guidance, and realigning with your spiritual potential. Uranus in Taurus is about releasing the unproductive attachments that don't serve your spiritual development and to consider what resources you can benefit from, gather, and share to serve you in your work of preparation this year. If you can't make the exact time, meditate as close as possible to the exact time, before and after.

SUMMER SOLSTICE MEDITATION, 20 JUNE 2024

A date for your diary! Once again we will meet in meditation. More details in Issue 2.

AQUARIUS FULL MOON ACTIVATION, 19 AUGUST 2024

This is a very important Full Moon that is not to be missed. Not only is it in Aquarius, but also it will exactly square Uranus, the ruler of Aquarius. Jupiter in Gemini will also be exactly square Saturn in Pisces at the time of the Full Moon, calling us to expand the mind beyond illusion and to regain our spiritual mastery. Put this one in your diary as it is a key Aquarian activation and we will gather at a sacred site in meditation for it. More details will follow in Issue 2.

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