

# AQUARIAN AWAKENING NEWSLETTER

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## *Dear Friends*

Welcome to the third issue of the **Aquarian Awakening Newsletter**. The purpose of this newsletter is to guide you through the coming years of collective spiritual awakening with news of global meditation linkups, astrological alignments, and other initiatives dedicated to the Aquarian Awakening. I use the term 'Aquarian Awakening' to refer to the collective spiritual awakening associated with the activations of Aquarius and its ruler Uranus.

For the remainder of this year, while Pluto (planet of transformation) continues its entry into Aquarius, we are seeing Uranus (planet of Awakening) and Neptune (planet of spirituality) moving closer into a sextile (a sixty-degree aspect), stimulating spiritual awakening under Pluto's broader transformational influence upon the collective consciousness. Additionally, Pluto is forming a favourable sextile to Neptune and a favourable trine (a one hundred and twenty-degree aspect) to Uranus, empowering the spiritual transformation. While the Uranus-Neptune sextile won't be exact until the second half of 2025 and again in the years 2026 and 2027, the most sensitive of us will feel an initial building up of energy in 2024, particularly between August and October, which provides a key window for spiritual focus.

This year's Aquarius Full Moon on August 19 (the first **Aquarian Transfiguration Day**) was an important activation as it translated the Aquarian energies to Earth while exactly squaring Uranus at the time Jupiter (planet of growth) and Saturn (planet of responsibility) also exactly squared each other. The breakthrough of collective spiritual awakening is a challenging process, represented by these challenging squares (ninety-degree aspects) that we are called to move beyond. The Jupiter-Saturn square, in effect until July 2025 and exact two more times on 24 December 2024 and 15 June 2025, is asking us to look at how we move beyond our blocks and embody growth.

What are these challenges and blocks and where is the opportunity for growth? Jupiter is in Gemini for most of its square with Saturn, showing that it is our own minds and states of consciousness that are the focus for growth, as well as what we communicate. Saturn is in Pisces until 25 May 2025, showing that our blocks specifically relate to being entangled in illusion and not grounding our spirituality. Therefore, what states of mind and thought patterns do we need to challenge within us that perpetuate this entanglement in illusion and this cycle of self-abandonment? That is a question for us all to answer individually, and such self-reflection will only be complete when we examine our unconscious motivations and automatic thought processes with greater mindfulness. The formation of these blocks lies in our forced adaptation to mainstream society, an unnatural process we have endured since childhood because we were born into it and have yet to provide a healthy replacement for it. The blocks form because we are trying to live in a society that requires us to repress our spirituality and true nature. We may numb ourselves out because of this repression and also the negativity of the world that goes against the spiritual values our hearts know to be true. Our

will can then become weak or misaligned as a result of the apathy, distraction, and distortion of values institutionalised by mainstream society. It is time to realise that mainstream society is hierarchical in nature and therefore requires a fundamental disempowerment of the population for it to exist, which is at our cost. Having realised that, how do we disentangle ourselves from this system and take ourselves into full recovery, particularly before the formation of the control grid completes in mainstream society (see Issue 1)?

The answer to this age-old question can be found when we return to our spiritual nature (which is now being facilitated by the Aquarian Activations) and embody our light in our every action without compromise. This process of recovery requires us to link together as light-filled beings to co-create a physical world that is fully aligned to our deepest spiritual values – represented by the Aquarian Vision. That is why Pluto is in Aquarius until 2043 – it is supporting us all to make collective change based on the spiritual awakening of the Uranus-Neptune sextile that is with us until 2030.

When we appreciate the level of change required in our personal and collective lives to achieve the above, it is like standing on the edge of the precipice and facing the enormity of what lies beyond it. Fear, apathy, and hopelessness can paralyse us and cognitive dissonance can set it so that we convince ourselves that there are better or more expedient things to do instead. But the precipice only exists in the mind! The spiritual nature of all that is cradles us and supports us the moment we let go of the mind's illusions and trust in aligning to the greater spiritual reality. The lesson is simple to grasp: JUST DO IT! Practically, we need to be there for each other because physically we have basic survival needs that need looking after and emotionally our individual egos are fragile. So let us remember the spirit of Aquarius and come together now in light-filled community to help each other break free and create a practical spiritual support system that provides for our physical needs while supporting our spiritual recovery and full spiritual embodiment.

Pluto is re-entering Aquarius this year, so now is the time to come together and co-create light-filled communities that tackle the practical organisation of our lives. Having initially entered Aquarius in January 2024, since 1 September, Pluto has gone back into Capricorn where it will briefly remain until moving back into Aquarius on November 19. Pluto in Capricorn will help us to revisit how we structure our physical lives and societies so that we can bring them more fully into alignment with our spiritual values. So we can use this short period of time wisely for considering how we can transform the physical structures of our lives and taking practical action to begin this. The time is now! We are preparing for anchoring in the Aquarian Age supported by the Aquarian Activations and it is no longer a rehearsal. Does it come as a surprise or can we see that this moment is what we have been preparing for? We are the ones we have been waiting for and it is time for wisdom to be transformed into right action so we may do what must be done!

The whole theme of taking action along with the responsible use of will has been brought into focus by the passage of Chiron (the wounded healer planet) through Aries since 2018, a transit that will conclude in 2026-27 when the Uranus-Neptune sextile is exact. Chiron brings into focus the wound we have around taking action and using our will, but it also supports the healing of that wound. The same theme was foreshadowed by the position of Mars (planet of action and will and ruler of Aries) in Capricorn in the chart for Pluto's ingress into Aquarius this year (see Issue 1). And the good news

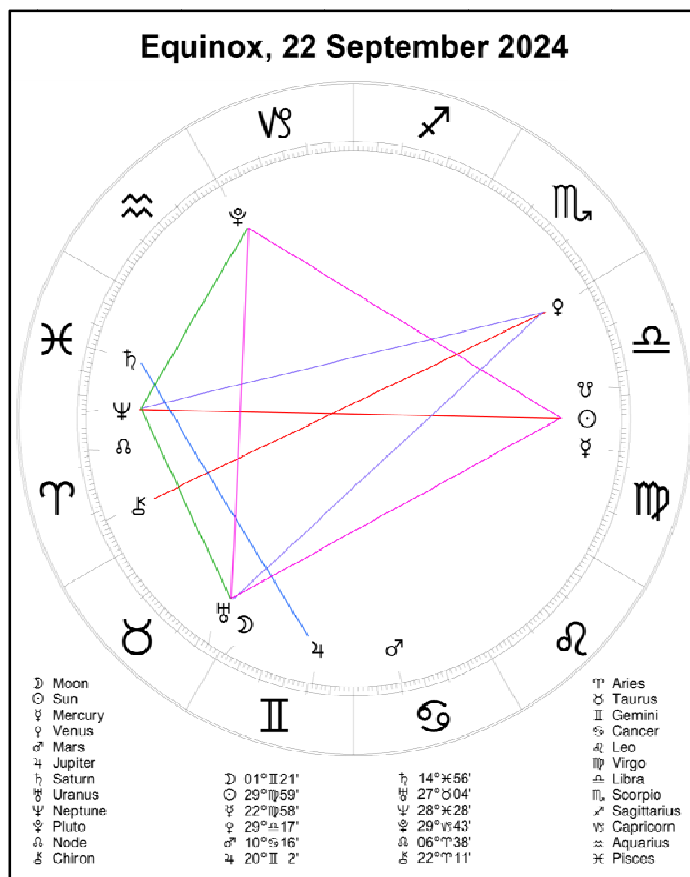
is that it was favourably trined by Jupiter and Uranus, planets that support the wise use of will to ground the Aquarian Vision, in place of the control grid that is being built in mainstream society. In summary, aligning our will to our spiritual values and taking action is a necessary requirement at these times, along with any healing we need to go through to enable this. In Issue 2 of this Newsletter, I invited you to consider the role you can play in 2025 and 2026 for grounding in the Aquarian Vision and what you need to do to prepare for this. How can you anchor light into the physical structures of the world? What alternative systems can you create or co-create that honour the highest potential of the Aquarian vision? What groups and networks can you form? How will you guide and assist others in preparing for the Aquarian activation?

### EQUINOX MEDITATION, 22 SEPTEMBER 2024

The Equinox represents a time of balance as the Sun shines directly over the equator. This is a time to pause and reflect on where we are at and to rededicate ourselves to being fully awake and grounding our light as we embody our path of light.

This Equinox will be particularly special with Grand Trine/Kite and Finger of God aspect patterns that tie into the Aquarian Activation planets, supporting us to stay aligned with the Aquarian Vision.

We are being called once again to gather as one and hold the light to help anchor in the true Aquarian Age, which is characterised by a conscious, awakened humanity that honours all life and the spiritual unity of all things. Now is the time to come out, meet, network, and co-create new communities of light.



In the Equinox chart, the Sun enters Libra (balance and relationships), helping us to focus on how we can bring ourselves into balance and connect with each other in harmony. It perfectly aspects the three Aquarian Activation planets (a trine to Pluto, a trine to Uranus, and an opposition to Neptune), and these planets form together a Grand Trine/Kite focused for spiritual awakening and transformation. The message is that we need each other and we need to let go of unproductive ego patterning and form new spiritual communities of light together to anchor in the Aquarian Vision. Venus, ruler of Libra is also in Libra, strengthening the focus on relationships and community. Incredibly, Venus sits at the foot of the Finger of God aspect pattern formed by its quincunxes (150 degree aspects) to the Uranus-Neptune sextile, showing how our mutual

support and spiritual community are essential for spiritual awakening to unfold. A Finger of God, also known as a Finger of Fate, is an aspect pattern representing the need to resolve long standing karmic patterns for a divine purpose. Those karmic patterns are to do with the reluctance to mature the ego and move beyond narrow self-interest and disabling ego patterning, as well as the difficulty taking collective action to reform our world. As if we needed further confirmation of this, Chiron sits in Aries at the activating point of the Finger of God, opposite Venus. Can we now heal the wounded will and take the positive action we need to build communities of light together? Also still in play at the Equinox is the Jupiter-Saturn square which is calling us to transform our consciousness and disentangle from the illusions that obscure our true perception of ourselves and reality. With the Moon also in Gemini on the Equinox, the message is clear, and it forms a conjunction with Uranus in late Taurus, helping us to awaken by releasing our unproductive attachments to illusion, physical addiction, and the material systems we have been embedded in that hold us back.

There are now core groups who gather at sacred sites around the world to meditate on the Solstices and Equinoxes to hold the light for the planet and empower positive light-filled timelines in meditation. In the UK, we will gather at Avebury Stone Circle at 12.30pm for a meditation and empowerment ceremony as part of a solar wave of light to mark the solar zenith at 1pm and we will continue into a global meditation linkup for the exact moment of the Equinox at 1.44pm. We will form a pillar of light together and anchor the solar energy and our light-filled and love-filled intentions deep into our beings and down into Mother Earth in honour of the light and the sacredness and oneness of all life. We will hold the Aquarian vision, contemplate the astrological themes mentioned above, hold the light for their resolution, and discuss ways of holding the light together for the Aquarian Awakening over the coming years and how to create communities of light.

Avebury Stone Circle is the largest megalithic stone circle in the world and is full of timeless mystery, magic, and power that blends with us in meditation, helping us to open up and receive the highest frequencies of light. All are welcome. We will meet in the Sun Circle. Walk through the gate that is to the right of the Elements shop (opposite the Red Lion pub), then walk left and find us in the stones to the left. Bring friends, crystals, poems, songs, instruments, circle dances, and your love and light! Let us bring back the Love, Light, Magic, and Beauty.

If you cannot make the event, please link in distantly in meditation in your local area at the same time and we will be connected in the oneness of the light.

## **NETWORKING THIS INFORMATION**

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